

Okanagan Campus

### Sustainability Office

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# **WISHY WASHY**



## **CHOOSE A 'GREEN' CYCLE AND SAVE ENERGY**

By implementing three simple actions before you start that next load of dishes you will reduce the energy consumption by the machine by 50%.

How?

- 1. Load it up: Only Run with a full load of dishes to reduce the number of cycles you run in a week.
- 2. Dry with air: Deselect "dry-cycle" and prop open door to air dry while the dishes are still hot, this will

accelerate the evaporation process. That allows you to avoid the heated dry setting and use much less energy.

3. **Go eco-friendly:** Select the "eco" setting (when available)

Here are some more ways to save energy while cleaning your dishes:

- Don't over-fill the dishwasher, either, as the water needs room to circulate for the process to work effectively.
- **Clean your dishwasher regularly** to prevent the spray arm and filter from clogging with soap scum, lime scale and food particles, which will reduce efficiency and may hinder effective washing cycles.
- Upgrade your dishwasher to a new energy saving model. As you saw from the examples above, modern
  dishwashers have improved their efficiency in leaps and bounds.
- Avoid using the dishwasher during the hottest part of a summer day. Producing extra heat inside your house will make your air conditioner work that much harder, only increasing the amount of energy you're using.
- Consider hand washing in certain circumstances. In most cases, using a dishwasher actually <u>uses less</u> water than washing dishes by hand, especially if you have a high-efficiency model. However, there are times when it makes sense to roll up your sleeves and do the job the old-fashioned way, such as if you have less than a full load to finish. Just try to limit the amount of time the faucet is running, and you can still come out ahead.

### Download campaign poster here

#### **Sustainability Office**

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